

Dear brothers and sisters in Christ,

“Habari?” It is “How are you?” in Swahili. I thank you for your prayer, and I am glad to tell you that God has kept me safe and well here in Litein, Kenya.



It is very rainy in Litein. The rain falls without fail daily in the early afternoon. There were several times that my clothes were being hung to dry when it rained and it was really hard to dry my clothes during my first week here. But now I have got used to the weather, I begin to realize the importance of this daily rain. The very livelihood of the people here depends on it for their crops and tea

to grow. In fact, the people here thank God for this rain after one year of drought. And every time the rain stops, the rainbow arches over the sky of Litein, reminding me of God’s love to the people here and to all of us.

The town begins to slow down as the sun sets. God has given Kenya a very beautiful sunset. If you have ever wondered where the photographers of the National Geographic got their pictures from, Kenya would probably be a good guess. People go back to their home to prepare dinner after dark. While we have rice here, people prefer eating *ughali* as their staple food. It is something that looks like mash potato, but is made from maize flour. In addition, people commonly eat with their hands at home. I had some mild diarrhoea during my week in the hospital. But I thank God for giving me a quick recovery, and the adaptability to the local food.



I also thank God that He has prepared for me very friendly colleagues in Litein Hospital. We gather daily in the morning for a short time of devotion together, and we also pray for ourselves and the patients before we start everyday. It is fulfilling to work in a God-centred hospital. Although it is not a big establishment, the standard of care that our hospital provides is widely known around this region. I can only attribute this to God, who provides everything for us. As healthcare workers, we provide

our patients with treatment, but it is God who heals.

God uses people in wonderful ways. When I was in Nairobi at the SIM headquarters, I came across people from various background and profession. We had college students, nurses, teachers and many others, and God is using them among the Kenyans. You can make a difference to the Kenyan people too. I invite you to partner with me in God's ministry by prayer. Here is how you may pray:



1. There was a National Prayer Day recently in Kenya. Many people realized that they had distanced themselves from God, and the whole country sought God's forgiveness on that day. Pray that God will help the leaders of the country to be able to rule with justice and compassion.
2. Pray that God will give the medical staff of the hospital healing hands and comforting words for the patients, and the hospital will bring glory to God.
3. Pray that God will sustain my health despite the poor sanitation and malaria threat in this region.
4. Pray that I may have opportunities to deepen my spiritual relationship with my colleagues.
5. Pray that God will use me to bring hope and care to the patients, despite the language barrier.

Thank you. May God bless you!

In Christ,

David